



Phelan Piñon Hills CSD
Parks & Recreation presents the following



TuTu Tots

(Mommy & Me dance class– ages 2-5)

Wednesdays 9:30am to 10:30am

Phelan Community Center

\$7.00 per class or \$20.00 per month

Presented by Studio K DanceCenter



Tumbling class for kids

Mondays 8:30am to 9:30am (ages 2-5)

Mondays 3:30pm to 4:30pm (1st to 6th grades)

Phelan Community Center

\$7.00 per class or \$20.00 per month



Yogalates


Tuesdays and Thursdays

8:30am to 9:30am

Phelan Community Center

(combination of Yoga & Pilates)

\$7.00 per class or \$30.00 per month



Yoga Flow


Tuesdays and Thursdays

9:45am to 10:45am

Phelan Community Center

(increase balance, strength, & flexibility)

\$7.00 per class or \$30.00 per month



Sit to be Fit - Whole Body Chair Yoga


Tuesdays and Thursdays

11am to 12:00pm

Phelan Community Center

(very gentle yoga for beginners with limited flexibility)

Sit to Be Fit Classes are FREE in February and March!!



You may sign up for classes at our office located at
4176 Warbler Road, Phelan, CA
Or call (760) 868-1212

